



City of Kingston Live Well Kingston
Meeting Agenda
Wednesday, July 17, 2019
4:00 PM

LOCATION: CONFERENCE ROOM #1, TOP FLOOR, CITY HALL

APPROVAL OF MINUTES

Approval of Minutes
[1906 June LWK Meeting Minutes.docx](#)

ADMINISTRATIVE MATTERS

Potential New Board Members

STRETCH

OLD BUSINESS

Review 2019 Action Plan
[2019 LWK Commission Action Plan with Status Update July.docx](#)

NEW BUSINESS

ANNOUNCEMENTS AND COMMUNICATIONS

FOCUS TEAM MEETINGS AND OTHER EVENTS -

Age Well - July 17th, 1pm

Play Well Pot Luck - July 25th, 5:30pm, at Forsyth Park, Stay for Music in the Parks, 6:30pm

Play Well Meeting - July 26th, noon, City Hall

Resilience Film Screening - July 29th, 2pm, U.C. Dept. of Mental Health, Golden Hill

Heal Well - August 2nd, noon, City Hall

Bringing Agencies Together - August 6th, 9am, Kingston Library

Eat Well - August 7th, 10am-noon, Cornell Cooperative Extension

"Who Are the Streets For?" - Emily will be on a panel discussion about complete streets in Hudson, 6pm, Hudson Area Library

Live Well Kingston - August 21st, 4-5:30pm, City Hall

Travel Well - No standing meeting at this time